



Idak • Learning Disabilities Association of Kingston

The right to learn, the power to achieve

817 Division St. Unit 108 K7K 4C2 (Phone) 613-546-8524

Website: www.ldakingston.com E-mail: ldak@ldakingston.com

Summer 2019 Newsletter

LDAK Board of Directors 2019 -2020

President	Djenana Jalovcic
Past President	Gail Eaton-Smith
Vice President	Helen Simson
Treasurer	Pat Dudley
Member At Large	

We acknowledge the contributions of all of our Board members over the past year and look forward to a great year ahead.

Please note, we are always looking for new volunteers who can help us with our efforts.

Currently, we would especially welcome individuals with fundraising and finance experience.

**Please contact LDAK for further information.
ldak@ldakingston.com**

Many Thanks to Our Volunteers!

A sincere thank-you to our dedicated Board of Directors, and the many volunteers who contributed their time and efforts in making our current year a successful one.

Thank You!

Summer Hours

From June 3rd to August 30th inclusive, the office will be open only by appointment.

If you wish to contact the office, please email: ldak@ldakingston.com



**PLEASE POST UNTIL
September 20th, 2019**

GROUPS AND MEETINGS

The Reading Clinic

UNLOCKING POTENTIAL, CHANGING FUTURES SINCE 2001

www.thereadingclinic.ca

Specialists in Dyslexia and Learning Disabilities

Yes! Reading, Writing, and Math Programs

Daily Intensive Instruction Available

Twice Weekly After School Sessions Available

299 Concession St. www.thereadingclinic.ca

Contact: The Reading Clinic 613 547-5179 jennifer@thereadingclinic.ca



KINGSTON'S ADHD PARENT SUPPORT GROUP

Our group supports parents who have children with ADHD in the Kingston and surrounding area.
We are a not-for-profit parent to parent support group.

OUR MISSION: *"To better the lives of children and Families living with ADHD"*

Monthly Support Meetings (Nov-June) **Yearly** ADHD Awareness Campaign (June)

denise@adhdsupportgroup.ca 613-389-3894 www.adhdsupportgroup.ca

Quintilian Social Club

An opportunity to meet new friends and practice social skills in authentic social situations.

Grades 3+ **Contact Laura DeSousa, Director of Programming 613-542-0400**



Kingston Frontenac Public Library & Centre for Equitable Library Access (CELA)

CELA provides over 500,000 titles in accessible formats for library patrons with reading barriers such as a learning disability or low vision/blindness. The collection includes materials for kids and teens in both French and English. Membership in CELA is free with a Kingston Frontenac Public Library card and also includes the option to join Bookshare. CELA resources can be read using a variety of technology and devices. Free and low-cost apps are available for iOS and Android devices and audiobooks can be downloaded from the CELA website.

Contact Jillann Rothwell at the Kingston Frontenac Public Library to register: jrothwell@kfpl.ca

For more information visit www.celalibrary.ca and www.Bookshare.org

SUMMER CAMPS

SUMMER CAMPS FOR YOUTH WITH LEARNING DISABILITIES READING AND ROBOTS ROCK FILLED UP IN RECORD TIME - LET'S PLAN FOR THE SUMMER 2020

After a number of years without LDAK summer camps, we decided to offer one this summer. Reading and Robots Rock summer camp is offered in Partnership with the Boys & Girls Club of Kingston & Area and Funded by the Community Foundation for Kingston and Area. As soon as registration is open, there were many inquiries and early registrations. The camp filled up in the record time and the registration is closed now. This is what we have planned for this year:

Reading and Robots Rock will offer campers all the activities of a fun week-long summer camp with additional programming to support reading and social skills. Designed for youth ages 8 to 12, these camps will focus on building reading and teamwork skills. Along with games, sports, swimming and outings, this camp will provide two hours per day in which campers will work together and individually on reading and robot programming activities. A very popular focus will be on building, programming and operating robots, which requires reading and following instructions, communicating and working together, and deciding how to program the robots. Additional reading activities will be tailored to enhance individual participants' reading skills as identified through an intake assessment. These camps are designed to provide a supportive environment in which kids can have fun while gaining new skills. Thanks to the Community Foundation for Kingston and Area, bursaries to offset camp fees are available for eligible families for up to the full amount of the fees.

For our registered campers, see you July 8-12 or July 15-19 at Boys & Girls Club of Kingston & Area Robert Meeks Centre at 559 Bagot Street (downtown). For those of you who have not managed to register for this year's camps, let's plan the next year! Join LDAK as a member <<http://www.ldao.ca/about/membership/>> or volunteer for us! Please contact us and let us know that you are interested so we will be able to look for additional funding to run more camps in 2020. Send your comments and suggestions to ldak@ldakingston.com. Follow us on Facebook and Twitter @LDAKKingston1.

Kingston Steam Works Summer Camp For Curious & Creative Minds

Come join the enthusiastic and caring counsellors at Kingston Steam Works Summer Camp and spend your summer playing fun games outdoors, exploring exciting science experiments and creating arts & crafts. Camp runs from July to August and accepts campers between ages 6-12.

For information and registration please visit: www.kingstonsteamworks.ca

Kingston STEAMworks Summer Camp Woolen Mill 4 Cataragui Street #109 Kingston, ON K7K 1Z7

Little Cataraqui Creek Conservation Area Summer Camp

- ⇒ Camps have a focus on learning about nature and the outdoors.
- ⇒ Instructors teach campers in age appropriate groups (ratio 1:10) ranging from 6 to 11 years old with a maximum of 30 campers per week
- ⇒ Campers experience the great outdoors through fun-inspired theme weeks filled with adventure, knowledge, fun, and games!



Nature Explorers Camp is \$210.00 per week Shortened Weeks: \$170.00 (4 day camp)

Information and registration: <http://crca.ca/education/summer-camps/> 613-546-4228

SUMMER CAMPS

Dream Catcher Farm

Summer Camp

- Full day programs
- Regular and extreme camp options
- Two riding lessons daily
- Horsemanship and theory sessions



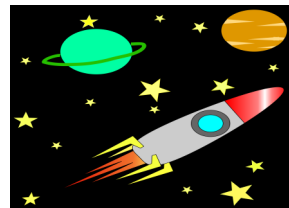
Weekly sessions from July 2 to August 30....

Information: 613-353-9004
ride@dreamcatcherfarm.ca www.dreamcatcherfarm.ca

Lakeshore School Summer Camp For Ages 3-8

Themed weeks:

June 24-28	Under the Sea
July 2-5	Dinosaurs
July 8-12	Superheroes
July 15-19	Creative Campers
July 22-26	Wizards and Magic
July 29-Aug. 2	Animal Planet
Aug. 6-9	Ooey-Gooey
Aug. 12-16	Space



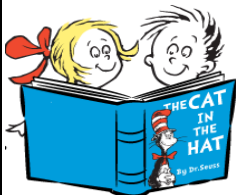
\$200.00 per week

Level Up! Literacy and Numeracy Camp

A three week head start on the new school year.

July 8-12 July 15-19 July 22-26

\$250.00 per week



613-767-2776 2312 Princess Street info@lakeshoreschool.ca
www.lakeshoreschool.ca/wordpress/camps/

SUMMER CAMPS

Camp Kennebec ...Making Kids Happy Since 1967

What You Will Find at Camp Kennebec:

- A warm welcome for children and teens with special needs and developmental delays including Autism, Asperger's, ADHD, OCD, learning disabilities, anxiety and social skill challenges.
- Camp sessions last from 1-7 weeks, so you can choose the session that's best for your child.
- 2:1 camper-to-Kennebec cabin staff ratio so we can provide individual attention and scheduling for each camper.
- Unique camp experiences like overnights, camp fires, talent shows, dances, special excursions, Carnival Day and all camp evening programs add to the fun.
- Specialized programs for teens and young adults include a Leaders-in-Training (LIT) program to build leadership & social skills for teens. Our Kennebec Indie team (KIT) program helps young adults (18+) develop life, job and social skills.
- Each day, Kennebecers choose from more than 50+ activities.
- Accreditation from the Ontario Camps association and the Canadian Camping Association

Camp Kennebec Contact Information:

info@campkennebec.com www.campkennebec.com
1422 Cox Road, Arden, Ontario K0H 1B0
Tel: 613-335-2114



Boys and Girls Club of Kingston & Area Summer Camps

- ⇒ Camps for children and youth ages 4 -17 years
- ⇒ For complete details and information please visit www.bgckingston.ca

Downtown Location: 613-542-3306 West End Location: 613-507-3306

Stories in the Park

Enjoy stories and music with library staff in the sunshine and fresh air.
More details at KFPL.ca/programs-and-events



President's Message

Learning Disabilities Association of Kingston Annual General Meeting May 22, 2019 at 6:00 pm

2018-2019 President's Message

Last year has been an exciting one for the Learning Disabilities Association of Kingston (LDAK). We are proud recipients of two grants: one from the Community Foundation for Kingston and Area (CFKA) for the summer camp and one from the Ministry of Education Parents Reaching Out (PRO) Grants for Parents Forum Speak Up for Ability. With the generous CFKA support, two one-week Reading and Robots Rock camps will be organized this summer in collaboration with the Boys and Girls Club for children age 8 to 12. The PRO Grant will allow us to organize the third spring Speak Up for Ability event for parents, teachers and service providers to focus on strategies to support success of students with learning disabilities.

Our technology team has run 13 assistive technology and robot sessions last year. It will continue reaching out to those who need accessible technology skills development with the funding from the Community Spirit Bingo Centre. Our work would have not been possible without support from our donors and volunteers who have put endless hours of community service to make Kingston more accessible and inclusive of people with learning disabilities. I would like to thank our Bingo volunteers Deborah Brown, Eleanor Porteous and Olivia Middleton (both of whom also volunteered in our office), the Speak Up for Ability Planning Committee Members Stephanie Shunks and Tracey Row, Queen's students and volunteers Courtney Irving, Diana Lough, Megan Gliddon, and Maxine Vinneau from the School of Nursing, Emily Valois, Dillon Harhangi, Rory Shaw, Harpreet Singh and Megan Langhorne from the Pro Bono Law Student Society, and Marco Iskander, Taylor Mackenzie, Paget Houston, and Sarah Ellman, commerce students from Queen's Non Profit Board Leadership Program (QNPBLP). Special thanks go to our Resource Centre Coordinator Lana Greenwood and board members Pat Dudley, Gail Eaton-Smith, and Helen Simson. Thank you all for your time, enthusiasm, commitment, and hard work to deliver results for LDAK!

Partnerships

Last couple of years, we made efforts to build partnerships with community organizations and various Queen's University programs. The partnership that I would like to highlight is our collaboration with Boys and Girls Club on the development of LD inclusive camp Reading and Robots Rocks. Helen Simpson, Board Member, led the development of the proposal that received financial support from Community Foundation of Kingston and Area. The camp is our direct response to the need expressed by parents of children with learning disabilities. We believe that this camp is just a first step in a larger and long lasting collaboration to improve access for students with learning disabilities to summer camps and after school programming. Registration for the 2019 camps closed in a record time as two weeks filled up with campers quickly. So, with renewed enthusiasm, we have started planning how to expand LD inclusive camps next summer in partnership with Boys and Girls Club.

Get in Touch

Please share your ideas with us, let us know what kind of services you would like LDAK to provide, and what kind of organization you would like LDAK to be. Please [send us](#) your suggestions, [sign up](#) for our e-mailing list, visit our website for updates, news and resources, and become [an LDAK member](#)!

As we plan to expand our services to include summer camps and after school programs that are inclusive of children with learning disabilities, we welcome your assistance. Please donate your expertise, time and resources. You can support LDAK as a volunteer on Bingo sessions at the Community Spirit Bingo Centre or join the board and help fundraise for the organization. If you would prefer to make a donation you can do it through our [website](#).

I look forward to working with you all and making our community more accessible and inclusive of persons with learning disabilities.

Djenana Jalovic, President
Learning Disabilities Association of Kingston

The Quintilian Way

The Quintilian Way Summer Club 2019

A recreational program for children and youth whose challenges may include but are not limited to: Communication Disorders, Learning Disabilities, Anxiety Disorders, ASD, ADD/ADHD, and NLD.

Summer Campers are nurtured, respected and challenged to develop social and recreational skills in a physically and emotionally safe environment with 4:1 camper to staff ratio.

We promote self-confidence, independence, decision-making and cooperation through a fun, non-competitive and inclusive program.

July 8-12

Amazing Animals

Mammals, Reptiles, Birds, Fish and Insects
Join us for a wild week of animal antics!



July 15-19

Fall Into A Good Book

Each day will be themed around a favourite book:
Holes, The Lightning Thief, Cat in the Hat, The Lion,
Witch and the Wardrobe and Charlie and the Chocolate Factory



July 22-26

Excellent Elements

Explore a new element with us each day!
Metal, Fire, Water, Earth, Air



July 29–August 2

Time Travel

Be ready to travel to a different time period each day
Prehistoric, Gladiators, Egyptians, Medieval, Pioneer Times



August 12-16

Blockbuster Week

Calling all actors, prop masters and directors!
Each day we will remake a movie; Parent Trap, Wizard of Oz,
Spiderman, Robin Hood, Toy Story



Fees: \$175.00/week 9:00 am-4:0 pm Before and after care is also available

For more information: quintilianway@gmail.com

www.quintilianway.com 613-542-0400

41 Baiden Street Kingston ON

L. D. A. K. EXECUTIVE

2019 - 2020

President	Djenana Jalovcic
Past President	Gail Eaton-Smith
Vice President	Helen Simson
Treasurer	Pat Dudley
Secretary	
Member	
at	
Large	

RESOURCE CENTRE HOURS

Tuesday-Wednesday-Thursday

11 am—3 pm

(or by appointment)

Resource Centre Co-ordinator
Lana Greenwood

Disclaimer

THE LEARNING DISABILITIES ASSOCIATION does not endorse or recommend any of the facilities listed or any of the methods, programmes, products or treatments offered by such facilities.

Our aim is to keep the community informed about services and facilities that are available to people with learning disabilities.

We urge consumers and service providers to review carefully any programmes and services listed in order to select those which will meet most appropriately the identified needs of the person with learning disabilities.

Membership Application

We encourage all individuals interested in learning disabilities to become a member of the Learning Disabilities Association of Ontario (LDAO), and by doing so automatically become a member of Kingston chapter (LDAK). Visit the LDAO website for further information and benefits of memberships, and a secure online application form.

See <http://www.ldao.ca/about/membership/>

If you wish to use cash or cheque, print out the online form and submit to us directly at our address (below) and we will submit your application to LDAO.

Learning Disabilities Association Kingston
817 Division St. Unit 108
Kingston, ON K7K 4C2

Be sure to check out our website at www.ldakingston.com and find us on **Facebook** for current news!

Like us on Facebook!

For Your Information.....

www.LD@home

Website with free resources for parents, students and families dealing with LDs.

LD@home features:
Expert Advice, Articles, Personal Stories, Videos, Webinars and Podcasts

The ABC's of Mental Health
<http://www.hincksdellcrest.org/ABC>